I Can! Do Anything!
Lesson Plan Introduction

Believe in yourself! You can do it!

Grade Level: Grades 3 to 6

Curriculum Links: Language Arts; Reading; and Writing

Learning Goal: Students will learn to identify their strengths and characteristics that make them special and unique as an individual. They will learn confidence and that through hard work and determination they can do anything!

Instructional Sequence:
1. Engage students in a discussion about goal setting and positive character traits.

2. On chart paper, put up a list of words. With your class, quickly discuss what these words mean and record your student's answers beside the words for reference.
   - Confidence
   - Dream
   - Hero
   - Hard Work
   - Talent
   - Courage
   - Unique
   - Goals
   - Believe
   - Perseverance

3. Hand out the activity sheet from the lesson plan that you selected. Let the students complete the activity, allowing them to become more familiar with the words and ideas of the book before they start!

4. Once the activities are completed, give each of the students their unique login name and password for the I Can! Kids website. When the students log onto our site, they will receive simple instructions to answer the questions and to create their own pictures.

Reflection:
As a class, share any ideas and thoughts that will help your class as a whole work towards their dreams and support their peers in the process. Consider using other lesson plans as a reminder for students to believe in themselves, work hard and dream BIG!

Lesson Includes:
Lesson Application
Instructional Sequence
Activities
Reflection

Materials Needed:
Computer lab
Scanner
Pencils
Markers, pencil crayons etc.
Chart Paper
I Can! Do Anything!
Word Search Puzzle

Believe in yourself! You can do it!

Connect the words on the left with their definitions on the right!

Courage
Goal
Perseverance
Confidence
Hero
Talent
Unique
Believe
Dream
Hard Work

To believe in yourself, powers and abilities.
A special natural ability.
Standing up for a friend, helping someone in need or sticking with something that is hard for you to do.
Putting a lot of effort towards accomplishing something.
A strongly desired goal.
Someone who you admire for their great qualities and actions.
To have confidence or faith in.
Do our best with what we have; keep trying; we don’t quit or give up easily; look for ways to remove or work around obstacles.
Being one of a kind.
Something you want to achieve or get better at.

Now, find the words above in the word search below!

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Lesson Plan #2
Connect the words on the left with their definitions on the right!

- Courage: To believe in yourself, powers and abilities.
- Goal: A special natural ability.
- Perseverance: Standing up for a friend, helping someone in need or sticking with something that is hard for you to do.
- Confidence: Putting a lot of effort towards accomplishing something.
- Hero: A strongly desired goal.
- Talent: Someone who you admire for their great qualities and actions.
- Unique: To have confidence or faith in.
- Believe: Do our best with what we have; keep trying; we don’t quit or give up easily; look for ways to remove or work around obstacles.
- Dream: Being one of a kind.
- Hard Work: Something you want to achieve or get better at.

Now, find the words above in the word search below!
I Can! Do Anything!  
Interview Activity

Find a partner you are comfortable sharing with. Take turns asking each other these questions.

Name: ____________________________________________________

Partners Name: ____________________________________________

1. What is your favourite thing to do in your free time?

2. Is there something you love to do more than anything else?

3. Do you have a hero? Who is it?

4. What do you like most about your hero?

5. What do you want to be when you grow up?

6. Tell your partner something that you like best about them. What did you tell them?

7. Tell your partner something that you like best about yourself. What did you tell them?
I Can! Do Anything!
A-Z Activity!

Believe in yourself! You can do it!

Put the following list of words in alphabetical order:

- Confidence
- Talent
- Dream
- Perseverance
- Fun
- Unique
- Courage
- Practice
- Hero
- Believe
- Goals
- Leadership

1. _______________________________
2. _______________________________
3. _______________________________
4. _______________________________
5. _______________________________
6. _______________________________
7. _______________________________
8. _______________________________
9. _______________________________
10. _______________________________
11. _______________________________
12. _______________________________
**I Can! Do Anything!**
**A-Z Activity Answers!**

**Believe in yourself! You can do it!**

Put the following list of words in alphabetical order:

<table>
<thead>
<tr>
<th>Confidence</th>
<th>Talent</th>
<th>Dream</th>
<th>Perseverance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fun</td>
<td>Unique</td>
<td>Courage</td>
<td>Practice</td>
</tr>
<tr>
<td>Hero</td>
<td>Believe</td>
<td>Goals</td>
<td>Leadership</td>
</tr>
</tbody>
</table>

1. Believe
2. Confidence
3. Courage
4. Dream
5. Fun
6. Goals
7. Hero
8. Leadership
9. Perseverance
10. Practice
11. Talent
12. Unique